RECREATION

CHALLENGE 2020

Let’s make this year an ACTIVE one. Complete the activities below by September 20 to win campus-wide glory, in addition to an Intramurals t-shirt and Outing Club guidebook!

- Hike Flat Top Mountain | Page 68 in the OC guidebook
- Watch the sunrise from the Gazebo
- Paddle the Maury with a kayak from the OC Barn
  Check wlu.edu/outing-club for Barn hours
- Bike the Jacob’s Ladder/Houston Street loop
  Bikes available for checkout at the Bike Shop
- Juggle 3 objects of your choosing for 5 seconds
- Walk or run a loop or two at Brushy Hills
- Find 5 of the 7 geocaches on campus
  More details at www.geocaching.com
- Challenge three friends (from your hall or cohort) to a croquet match on the Colonnade
  Croquet sets available for checkout at the Rec Gym
- Hike Bluff Mountain | Page 37 in the OC guidebook
- Play a game of HORSE with three friends (from your hall or cohort)
  Outdoor hoops behind the Pavilion and at Davidson Park
- Paddle Douthat State Park with a SUP from the OC Barn
  Park requires a $5 entry pass
- Walk or run the new back campus trails
  New and improved map: my.wlu.edu/document/campus-walking-trails-map
- Ace a friend in a tennis match on the bridge courts
  Racquets and balls available for checkout at the Rec Gym
- Walk or run the VMI stairs 3x in one session
- Throw sub 125 on the disc golf course
  Course map: my.wlu.edu/document/disc-golf-map
- Bike the Chessie to BV and back
  Jump in the river under the Route 60 bridge – you earned it!
- Complete a 30-minute yoga practice on Cannan Green
- Take an afternoon stroll along Woods Creek and back through town
  Perfect time to splurge on Sweet Things or Pronto!

Intramural, Outing Club, and Bike Shop equipment will be available for checkout starting September 7.

Show off your progress on Instagram, tagging us @wluoutingclub and @wlu_intramurals!

Questions? Ask Margaret McClintock, mmcclintock@wlu.edu